

Change Your Career: My 1.1 Signature Program

- Feel Stuck?
 - Uncertain about your next step?
 - Ready to pursue a career you love?
-  **Look Inside**

My 90-Day 'Change Your Career' Program is for you



Why Choose My Program?



Personalized Coaching: Tailored guidance to your unique needs.

- One-on-one coaching sessions to explore your goals and challenges.
- Customized action plans to keep you on track.
- Ongoing support and accountability to ensure your success.



Empowering Mindset: Cultivate a positive and resilient mindset.

- Mindset coaching to overcome limiting beliefs and self-doubt.
- Mindfulness techniques to reduce stress and improve focus.
- Visualization exercises to manifest your dreams.



Proven Strategies: Effective tools and techniques for success.

- In-depth career assessments to identify your strengths and weaknesses.
- Practical exercises to develop new skills and knowledge.
- Proven frameworks to help you make the right decisions.



[Coming Soon] Supportive Community: Connect with like-minded individuals.

- Exclusive access to a private online community.
- Opportunities to network with other professionals.
- Shared experiences and support from peers.

"I experienced the dual challenges of transitioning to a new job while adjusting to motherhood. As a result of the coaching Natalia offered, I was able to develop practical strategies, feel supported, and find a successful path forward in both my career and personal life."
~ **Shuxian Li (Senior Product Marketing Manager)**



What to Expect:



Phase I: Explore



Discover Your True Self:

- Uncover your core values, passions, and strengths.
- Identify your unique talents and skills.
- Gain clarity on your ideal career path.

Break Free from Limiting Beliefs:

- Recognize and challenge negative thought patterns.
- Develop a growth mindset to embrace setbacks.
- Cultivate a positive self-image and belief in your abilities.

Ready to Transform Your Career?



Wait no more. Book a free career strategy call today.

Phase II: Develop



Identify Your Ideal Career:

- Explore various career options and industries.
- Set SMART goals to achieve your desired outcomes.
- Create a compelling personal brand to stand out in the job market.

Build a Strong Network:

- Leverage your existing connections and expand your network.
- Develop effective networking strategies to build relationships.
- Utilize online and offline platforms to connect with potential employers.

Craft a Winning Job Search Strategy:

- Write powerful resumes and cover letters.
- Prepare for interviews with confidence, with guaranteed results.
- Negotiate job offers to secure the best possible outcome.

Phase III: Implement



Take Action and Achieve Your Goals:

- Implement your action plan with focus and determination.
- Overcome obstacles with resilience.
- Celebrate your successes and milestones along the way.

Cultivate a Sustainable Career:

- Develop effective time management and stress management skills.
- Build strong relationships with colleagues and supervisors.
- Continuously learn and grow to stay ahead of the curve.

Before the 'Change Your Career' program, I felt I was lacking direction and had a vague sense of unease about my career. Now I have a crystal-clear destination and a detailed map to get there. This program didn't just tell me what to do, it helped me uncover what I truly wanted. I gained the confidence to finally make that career pivot I'd been dreaming of, and I have a concrete plan to make it happen on my own terms. If you're feeling stuck, this program is your lifeline.

~ **Hetal Mehta (Business Strategist & Operator)**

